

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

AR – Activity Room
 AFC – Aquatic Fitness Center
 BKY – Bakery
 CH- Chapel
 FH – Foundation Hall
 RC – Rec Center
 SR – Sunroom
 TR – Training Room

1

 New Year's Day

2
 9:30 Coffee
 Connections – BKY
 10:00 Aquatic Fitness – AFC
 1:30 Chair Yoga - CH

3
 9:00 Aquatic Fitness – AFC
 9:45 Fall Prevention Exercises – CH
 10:00 – 12:00 BP Checks – Home Health Clinic
 10:30 Wednesday Worship & Communion – FH
2:00 Bingo – RC
 2:30 Chair Yoga - CH

4
 10:00 Aquatic Fitness – AFC
12:30-1:00 Wal-Mart (RSVP)

5
 9:00 Aquatic Fitness – AFC
 2:00 WLS 2nd Grade Readers – AR
 5:30 Techy Teens Basketball Game (RSVP)

6

7
 2:30 Worship – FH Philadelphia
Immediately following Worship...
 Ice Cream Social – BKY

8
 9:00 Aquatic Fitness – AFC
 9:30 Bakery Bunch –BKY
 10:00 Bible Study with Al Traught - RC
 4:00 Tai Chi – FH
 6:30 Euchre - CH
7:00 Mount Tabor Youth – DR

9
 9:30 Coffee
 Connections – BKY
 9:45 Techy Teens – BKY
 10:00 Aquatic Fitness – AFC
 1:30 Chair Yoga – CH
2:00 Bill Figley – FH

10
 9:00 Aquatic Fitness – AFC
 9:45 Fall Prevention Exercises – CH
 10:00 – 12:00 BP Checks – Home Health Clinic
 10:30 Wednesday Worship – FH
2:00 Games – RC
 2:30 Chair Yoga - CH

11
9:30 Green Hills Prayers - CH
 10:00 Aquatic Fitness – AFC
12:00 Potluck – RC
 Entrée: Fried Chicken
Commodities for those who qualify –RC

12
 9:00 Aquatic Fitness – AFC
10:00 Recycled Treasures Inventory Reduction Bizarre – RC

13
 Please RSVP for the **Out to Eat lunch** by January 12th call 465-0700

14
 2:30 Worship – FH Pastor Ken
Immediately following Worship...
 Ice Cream Social – BKY

15
 9:00 Aquatic Fitness – AFC
 9:30 Bakery Bunch –BKY
 10:00 Bible Study with Al Traught - RC
 4:00 Tai Chi – FH
 6:30 Euchre - CH
Martin Luther King Day

16
 9:30 Coffee
 Connections – BKY
 10:00 Aquatic Fitness – AFC
 1:30 Chair Yoga – CH

17
 9:00 Aquatic Fitness – AFC
 9:45 Fall Prevention Exercises – CH
 10:00 – 12:00 BP Checks – Home Health Clinic
 10:30 Wednesday Worship – FH
2:00 Bingo – RC
 2:30 Chair Yoga - CH

18
 10:00 Aquatic Fitness – AFC
10:30 Out to Lunch (Frisch's)
2:00 Lary Eaton – FH

19
 9:00 Aquatic Fitness – AFC
1:30 Green Hills Book Club – CH
 "The Woman in the Photo" by Mary Hogan

20
 Potluck
 Keith Callen offering Free Chair massages and benefits of massage Therapy

21
 2:30 Worship – FH Grace Chapel
Immediately following Worship...
 Ice Cream Social – BKY

22
 9:00 Aquatic Fitness – AFC
 9:30 Bakery Bunch –BKY
 10:00 Bible Study with Al Traught - RC
 4:00 Tai Chi – FH
4:30 Resident Council - FH
 6:30 Euchre - CH

23
 9:30 Coffee
 Connections – BKY
 9:45 Techy Teens – BKY
 10:00 Aquatic Fitness – AFC
 1:30 Chair Yoga – CH

24
 9:00 Aquatic Fitness – AFC
 9:45 Fall Prevention Exercises – CH
 10:00 – 12:00 BP Checks – Home Health Clinic
 10:30 Wednesday Worship – FH
2:00 Games – RC
 2:30 Chair Yoga - CH

25
9:30 Green Hills Prayers - CH
 10:00 Aquatic Fitness – AFC

26
 9:00 Aquatic Fitness – AFC
 2:00 WLS 2nd Grade Readers – AR
Australia Day

27

28
 2:30 Worship – FH West Liberty United Methodist
Immediately following Worship...
 Ice Cream Social – BKY

29
 9:00 Aquatic Fitness – AFC
 9:30 Bakery Bunch –BKY
 10:00 Bible Study with Al Traught - RC
 4:00 Tai Chi – FH
 6:30 Euchre - CH

30
 9:30 Coffee
 Connections – BKY
 10:00 Aquatic Fitness – AFC
 1:30 Chair Yoga – CH

31
 9:00 Aquatic Fitness – AFC
 9:45 Fall Prevention Exercises – CH
 10:00 – 12:00 BP Checks – Home Health Clinic
 10:30 Wednesday Worship & Communion – FH
2:00 Bingo – RC
 2:30 Chair Yoga - CH
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January 2018
Apartments Life Enrichment Calendars

RSVP Programs are space limited and thus require a rotation of those involved. Thank You! Activities and Location are subject to change